

## Our Winter Menu WEEK 1

|                      | MONDAY                                                                                    | TUESDAY                                                                                      | WEDNESDAY                                                                                    | THURSDAY                                                                                     | FRIDAY                                                                                       |
|----------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| MAIN OPTION          | Cheese and Ham<br>Pizza<br>Garlic & Herb<br>Potatoes<br>Salad                             | Shepherd's Pie<br>Sweetcorn<br>Cauliflower                                                   | Roast Chicken<br>Roast Potatoes<br>Gravy<br>Broccoli<br>Carrots                              | Chicken Lasagne<br>Garlic Bread<br>Peas                                                      | Fish Fingers<br>Chips<br>Beans<br>Peas                                                       |
| VEGETARIAN<br>OPTION | Cheese and Onion<br>Pizza<br>Garlic & Herb<br>Potatoes<br>Salad                           | Veggie<br>Shepherd's Pie<br>Sweetcorn<br>Cauliflower                                         | Root Vegetable<br>Hotpot<br>Roast Potatoes<br>Gravy<br>Broccoli<br>Carrots                   | Quorn Lasagne<br>Garlic Bread<br>Peas                                                        | Veggie Sausage<br>Chips<br>Beans<br>Peas                                                     |
|                      | Jacket Potato with<br>a choice of fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato<br>with a choice of<br>fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato<br>with a choice of<br>fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato<br>with a choice of<br>fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato<br>with a choice of<br>fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo |
| DESSERT              | Apple Crumble &<br>Custard<br>Fresh Fruit or<br>Yoghurt                                   | Banana Mousse,<br>Fresh Fruit or<br>Yoghurt                                                  | Chocolate<br>Brownie Bites,<br>Fresh Fruit or<br>Yoghurt                                     | Strawberry Jelly,<br>Fresh Fruit or<br>Yoghurt                                               | Smoothie/Ice<br>Cream, Fresh<br>Fruit or<br>Yoghurt                                          |



Fruit, milk and freshly baked bread available every day.

## Our Winter Menu WEEK 2

|                   | MONDAY                                                                                 | TUESDAY                                                                                | WEDNESDAY                                                                              | THURSDAY                                                                               | FRIDAY                                                                                 |
|-------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| MAIN OPTION       | Cowboy Sausage Casserole<br>Rice<br>Sweetcorn                                          | Beef & Vegetable Pie<br>Mashed Potato<br>Peas                                          | Roast Gammon<br>Roast Potatoes<br>Cauliflower<br>Carrots<br>Gravy                      | BBQ Chicken Melt<br>Potato Wedges<br>Mixed Vegetables                                  | Fishcake<br>Chips<br>Beans<br>Peas                                                     |
| VEGETARIAN OPTION | Veggie Sausage Casserole<br>Rice<br>Sweetcorn                                          | Vegetable Pie<br>Mashed Potato<br>Peas                                                 | Halloumi Kebabs<br>Roast Potatoes<br>Cauliflower<br>Carrots                            | BBQ Quorn Melt<br>Potato Wedges<br>Mixed Vegetables                                    | Veggie Goujons<br>Chips<br>Beans<br>Peas                                               |
|                   | Jacket Potato with a choice of fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato with a choice of fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato with a choice of fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato with a choice of fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato with a choice of fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo |

|         |                                                 |                                               |                                                                 |                                                       |                                           |
|---------|-------------------------------------------------|-----------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------|-------------------------------------------|
| DESSERT | Strawberry Mousse,<br>Fresh Fruit or<br>Yoghurt | Ginger Biscuits,<br>Fresh Fruit or<br>Yoghurt | Coconut &<br>Strawberry<br>Sponge, Fresh<br>Fruit or<br>Yoghurt | Apple & Raisin<br>Flapjack, Fresh<br>Fruit or Yoghurt | Arctic Roll, Fresh<br>Fruit or<br>Yoghurt |
|---------|-------------------------------------------------|-----------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------|-------------------------------------------|



Fruit, milk and freshly baked bread available every day.

## Our Winter Menu WEEK 3

|                      | MONDAY                                              | TUESDAY                                                         | WEDNESDAY                                                                             | THURSDAY                                                | FRIDAY                                                 |
|----------------------|-----------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------------|
| MAIN OPTION          | Macaroni Cheese &<br>Ham<br>Corn on the Cob<br>Peas | Cumberland<br>Sausage Slice<br>Mashed Potato<br>Peas<br>Carrots | Roast Beef<br>Yorkshire Pudding<br>Roast Potatoes<br>Green Beans<br>Broccoli<br>Gravy | Chilli Con Carne<br>Rice<br>Peas<br>Sweetcorn           | Breaded Chicken<br>Goujons<br>Chips<br>Beans<br>Peas   |
| VEGETARIAN<br>OPTION | Macaroni Cheese<br>Corn on the Cob<br>Peas          | Veggie Sausage<br>Slice<br>Mashed Potato<br>Peas<br>Carrots     | Mixed Bean<br>Casserole<br>Roast Potatoes<br>Green Beans<br>Broccoli<br>Gravy         | Chunky Vegetable<br>Chilli<br>Rice<br>Peas<br>Sweetcorn | Cheese & Tomato<br>Pinwheels<br>Chips<br>Beans<br>Peas |

|         |                                                                                           |                                                                                              |                                                                                           |                                                                                              |                                                                                              |
|---------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|         | Jacket Potato with<br>a choice of fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato<br>with a choice of<br>fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato with<br>a choice of fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato with<br>a choice of<br>fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo | Jacket Potato with<br>a choice of<br>fillings<br>Baked Beans,<br>Grated Cheese,<br>Tuna Mayo |
| DESSERT | Fruit Muffin, Fresh<br>Fruit or<br>Yoghurt                                                | Oat Cookies,<br>Fresh Fruit or<br>Yoghurt                                                    | Apple Cake, Fresh<br>Fruit or Yoghurt                                                     | Eton Mess, Fresh<br>Fruit or<br>Yoghurt                                                      | Smoothies/Ice<br>Cream, Fresh Fruit<br>or<br>Yoghurt                                         |



Fruit, milk and freshly baked bread available every day.